

Wrestling Singlet Sizing

Size	Weight Range
YXXS	< 35 lbs (< 15.9 kg)
YXS	30-45 lbs (13.6 – 20.4 kg)
YS	40-45 lbs (18.1 – 24.9 kg)
YM	50-65 lbs (22.6 – 29.5 kg)
YL	60-75 lbs (27.2 – 34.0 kg)



Size	Weight Range
XS	70-90 lbs (31.7 – 40.8 kg)
S	85-105 lbs (38.5 – 47.6 kg)
M	100-125 lbs (45.3 – 56.6 kg)
L	120-155 lbs (54.4 – 70.3 kg)
XL	150-185 lbs (68.0 – 83.9 kg)
XXL	180-220 lbs (81.6 – 99.7 kg)
3XL	220 lbs > (106.6 kg >)